



Conscious Conversations Virtual Platform Guide

Hosting a conversation virtually is an easy way to connect with others in a safe format.

If you are hosting a conversation with individuals outside of your household, Legacy Foundation strongly encourages a virtual format.

Selecting a video platform

If you don't already have a favorite video platform, here are a few popular options. The platforms listed below all have a free option, however, each has certain limitations. We recommend reviewing the various platforms and selecting one that will work best for you and your conversation participants.



- Displays all participants at once, allows for easy communicating
- Can create free Zoom account with an email and password
- Provides chat function
- Free version is limited to 40 minutes
- Premium option available (monthly subscription)



Google Meet

- Previously Google Hangouts
- Use a new or preexisting Google account to access Google Meets
- Provides chat function
- Displays 10 participants at once
- Free version is limited to 60 minutes



FaceTime

- All participants must have an iPhone, MacBook computer, or iPad to use Facetime
- Free platform with no time limits
- Does not provide a chat feature



Skype

- Free platform for up to 50 participants
- Free version is limited to 4 hours
- Can create free Skype account with an email and password
- Provides chat function

If you have any questions regarding video conferencing, please email Maranda Fishback at Mfishback@legacyfdn.org or call 219-736-1880.